Travel & Cruise



Weekly





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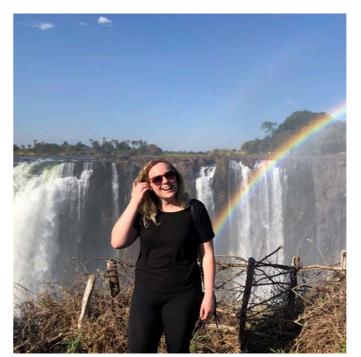
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Front cover image: Daecheongho Obaengni, South Korea ©KTO



From the **Editor**

Anna Piper

Like you, I am absolutely itching to travel again! Searching for an editor's picture this week took me on a trip down memory lane, remembering all the incredible places I have had the privilege to visit. This photo was taken at Victoria Falls, Zimbabwe, on one of my last trips before COVID. Despite feeling exhausted after spending 30+ hours in transit from Sydney, there is nothing quite like visiting a new, and wonderful, part of the world.

While I haven't yet figured out where I want to go first once we can travel again (although the list is LONG), I do know that I can't wait to travel like that again.

This week's edition is sure to add to your travel bucket list, with inspiration from around the globe, for people of all ages and stages. From the incredible food scene of Orange in NSW, to a picture sque village in France, and a plethora of travel styles for seniors, this edition of Keep Dreaming will do just that, keep you dreaming!

International travel seems to slowly be edging closer, but until then, we hope this week's issue gives you some travel ideas, and inspires you to head to your travel agent for advice and start planning the trip of a lifetime once we can travel again!

Enjoy the read and follow us on **Facebook** and **Instagram** (@travelcruiseweekly) for more inspiration between issues.



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Orange you glad you came!

Known for tantilising tastebuds with cool climate wines and fresh produce, the town of Orange in NSW is the perfect destination for a foodie's getaway. While you're in town, be sure to check out these local gems!

Charred Kitchen & Bar

If you're dreaming of international travel, Charred Kitchen & Bar may be perfect for you, with this globally-focused restaurant inspired by the operator's travels across the world. Presenting the best local produce from Orange and beyond, the dishes are cooked in Charred's commissioned "Lucifer" woodfired oven to impart a unique flavour – with promises like that, it will be hard to stay away!

Overlander Indian Restaurant

Serving authentic Indian delicacies, Overlander Indian Restaurant brings together its various herbs and spices to create traditional Indian hospitality. Having twice won Lifestyle's best Indian food award for New South Wales, dishes coming recommended include its spicy seekh lamb kebabs, as well as classic favourites such as chicken tikka, rogan josh, and aloo gobi.

Lolli Redini

This elegant locale offers seasonally sourced French and Italian fare, which it pairs with fine wine and cocktails. Adding some intrigue to Lolli Redini is its location – within a federation-style cottage aside Hawkes General Store on Sale Street. However, don't let the nonchalant setting fool you - Lolli Redini is known as one of the more expensive restaurants in town.

Qantas springs back

With Australian domestic travel springing back to life, Qantas Airways has flagged it will reach higher-than-expected capacity by the fourth quarter of this year.

Domestic capacity aboard Australia's flag-carrier will reach 90% of pre-pandemic levels later in the year, while low-cost subsidiary Jetstar Airways will break its prepandemic levels, as holidayhungry Aussies rally around half-price flights.

To keep pace with growth,

Qantas has inked a new seven-year extension with Accor which will see the French hospitality company continue to manage the airline's lounges, and Jetstar will deploy up to five of its usually international-only Boeing 787-8 aircraft on domestic routes.

The US CRUISE Act

Republican Senators in the United States have introduced legislation which would overrule the Centers for Disease Control & Prevention's (CDC) Conditional Sailing Order (CSO) and allow cruising to restart in time for Independence Day.

Alaska's Dan Sullivan and Florida's Marco Rubio, both representing states which rely heavily on cruising and tourism, introduced the aptly named CRUISE Act last week – which stands for Careful Resumption Under Improved Safety Enhancements.

Setting the deadline of America's birthday, the legislation would override the CDC's restrictions, revoke the CSO, and see a new interagency group create recommendations for resuming cruise operations.



Travel's ageless appeal

The older generation is embracing more active, involved and eco-conscious forms of travel than ever before – and they're enjoying every minute of it, writes Brian Johnston.

Baby boomers are avid travellers. On average, they take multiple trips a year (pre-COVID times of course), spend twice as much than any other generational group, and still believe they're young. This generation has the time to enjoy slow travel and is keen on memorable and active experiences that immerse them in local culture.

Don't forget, these are the travellers that invented backpacking, blazed the overland trail through Asia, and lived through the swinging sixties. The image of senior travellers dozing on cruise-ship decks or picnicking on seaside promenades couldn't

be more wrong. They're more likely to be clambering into cruise-ship Zodiacs or hiking seaside cliffs. Here are some hot trends for young-at-heart travellers.

Educational travel

They say you're never too old to learn, and many travellers now want to do just that, going beyond mere holidays to acquire knowledge you can't get in a classroom or resort hotel. Education tours develop or improve new skills or enhance hobbies and interests, and also provide access to



Clockwise from top: On a walking safari in Phinda Private Game Reserve in South Africa ©&Beyond

Elephant encounter in Botswana ©Natural World Safaris

Experience luxury and a bygone era on the Belmond Royal Scotsman ©Belmond

Expediiton cruising offers often once-in-a-lifetime experiences like getting up close with wildlife ©Ponant

Travellers can get involved with archaeological digs with Odyssey Traveller © Odyssey Traveller







new cultures in a meaningful way. An everexpanding range of choices allows inquisitive travellers to plunge into everything from Thai cooking classes or meditation retreats in Korean temples, to photography or language courses. Companies such as Odyssey Traveller, Transitions Abroad and Academy Travel are specialists, but even cruise ships and luxury hotels have upped their enrichment programs.

Expedition cruising

For those who don't accept that a swimming-pool lounger and cocktail are the



only cruise requirements, expedition cruising caters to active, adventurous passengers who have already seen big cities and are looking to explore smaller, more remote destinations. This active, adventurous cruise style has boomed, with cruise destinations such as the Arctic and Antarctic, Galapagos and Patagonia surging in interest.

The far corners of the Earth are the limit, from the Russian Far East, Central America and West African rivers, to Indonesia's Spice Islands. And although this cruise style focuses on destination rather than shipboard experiences, comfort isn't sacrificed: this year sees the launch of new luxury expedition ships from Crystal Cruises, Lindblad Expeditions and Ponant.

Eco-travel

A huge growth in eco-options is allowing older travellers to explore the world and get involved too, whether they're conserving wildlife or simply leaving lighter footprints. That might include getting involved in tracking endangered rhinos in South Africa, conservation of turtle-breeding beaches in Mexico, or sustainable farming practices on a pineapple plantation in Costa Rica.

Tour companies such as Intrepid Travel and Adventure World Travel promise minimal environmental and social impact, and support sustainable-tourism projects and various wildlife foundations. Others such as Natural World Safaris have an impressive reputation for their specialist wildlife knowledge.

Retro travel

Who doesn't feel nostalgic for the pleasures of their youth? From vinyl records to 1960s-style furniture, the world is looking back, and so is travel. Big money is being invested in classic hotels such as the newly refurbished Raffles Singapore and Galle Face Hotel in Sri Lanka, and in posh safari camps from companies such as Abercrombie & Kent.

Luxury trains such as the Great Southern between Adelaide and Brisbane, and several operated worldwide by Belmond, are doing well too. It isn't all at the luxury end, either. Road trips are back in fashion among the Jack Kerouac generation, with classic destinations such as Route 66 in the USA being refreshed and revived.

Volun-tourism

While travel has traditionally been about passive sightseeing rather than active participation, travellers are increasingly looking to get socially involved by joining volunteer projects such as building schools in Nepal or English teaching in Fiji. Giving back to local communities can be a great satisfaction of travel, and adds depth to any holiday – although there are issues with some types of volun-tourism, such as working in orphanages.

Companies like World Expeditions and GVI offer the chance to volunteer in places such as Peru, Tanzania and Cambodia. Others such as Earthwatch Institute focus on significant research areas including wildlife and ecosystems, climate change or archaeology. Volunteers can also help in some remote Australian communities and national parks.

Multi-generational travel

Sometimes the baby boomers want to spend their kids' inheritance while taking them along for the ride. Travel that involves two or three generations of the same family is on the rise, and often grandparents foot the bill. For family members who live busy lives and may live in different cities, a multigenerational holiday offers the opportunity to gather while relaxing, and perhaps to explore family heritage.

Big cruise ships make it easy: consider the likes of Norwegian, Carnival and Royal Caribbean, which have ample kids' facilities but adults-only spaces too for welcome downtime. Beach holidays are also wellsuited to multi-generational holidays, especially in destinations such as Bali, Fiji and Queensland.

Four things

Explore South Korea's beauty with these four attractions you may have never heard of.

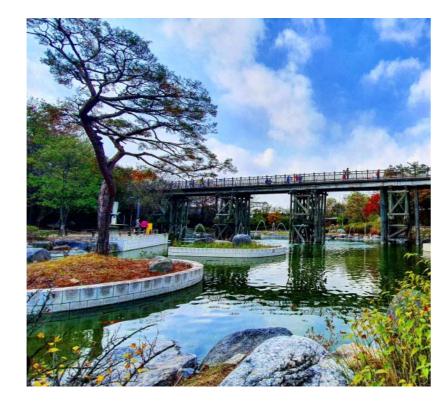


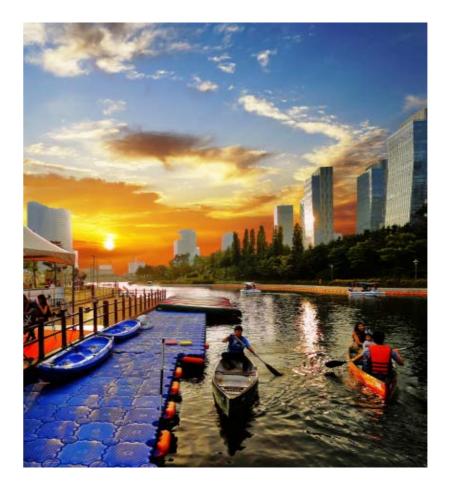
Aschan

Seoul is a bustling metropolis of almost 10 million people, which makes it hard to believe a fortress of solemn and peace such as the mountain of Aschan sits just a metro ride away from the railway's epicentre Gangnam. With an elevation of almost 300 metres, a walk down Aschan will take travellers to the ruins of a small fort of the Goguryeo era, built at a strategic point overlooking the area of Jungnangcheon river.



When you think "resort", you don't typically think "history", but Imjingak offers both. This park in Paju is located on the banks of the Imjin River, and features many statues and monuments devoted to the Korean War. There is also a restaurant, an observation deck, a pool in the shape of Korea, and even a small amusement park.





Songdo Central Park

The centrepiece of the Songdo International Business District's green space plan, Songdo Central Park was inspired by New York City's space of the same name. Covering more than 40 hectares (so not quite as big as the NYC park), Central Park is also useful, serving to connect to various civic and cultural destinations through its seawater canal, which refreshes itself every 24 hours.

Ara Canal

Ara Canal, or Gyeongin Ara Waterway, was built originally to provide flood control, but it proved so popular for leisure pursuits, it is now a fixture of Incheon. Completed in 2012, some popular canalside activities include cycling along its 41-kilometre bicycle path, getting some shopping done at Hyundai Premium Outlet, and visiting all eight of the Canal's scenic views, such as the Yellow Sea, Ara light island and Sicheon park resting place.



Images courtesy of © Korean Tourism Organization

Keep your cruising dream alive

Dining is a key part of your cruising experience, so to help you choose which ship you should sail on next, we're bringing you a series of comparisons of onboard dining. This week, take a look at the Italian dining options onboard premium cruise lines.



Toscana Oceania Cruises

Oceania Cruises is proud of its high quality and authentic cuisine and when it comes to Toscana, you can be assured that you're eating real Italian dishes, with many of the recipes served in the restaurant originating from the mothers and grandmothers of the Italian culinary staff. The food is mainly Tuscan cuisine (hence the name of the restaurant), with classic dishes from other regions of northern Italy as well, and is served on custom-designed Versace china. Toscana is open for dinner only and reservations are required.

Sabitini's Princess Cruises

Sabitini's is Princess Cruises signature Italian restaurant, and has been operating on Princess ships for nearly two decades. The menu features traditional and innovative cuisine, with handmade pasta, authentic sauces and delicious seafood. The Italian chefs have put together the menu using favourite family recipes from their childhoods spent in different regions of the nation. The wine list at Sabitini's is exclusively Italian as well and a cover charge of \$25 applies to dine.





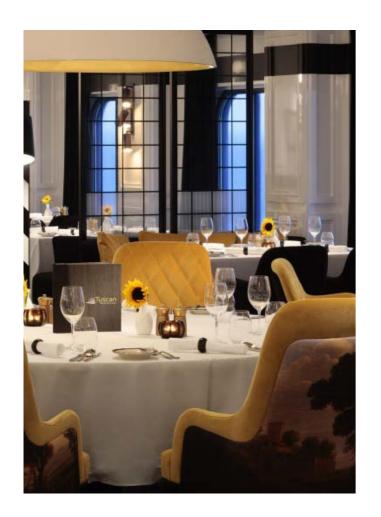
Manfredi's Viking Cruises

Manfredi's is a traditional Italian restaurant, with a menu inspired by authentic regional flavours, such as hearty Tuscan specialties and Rome's famous flavours. It has subdued, ambient lighting and was inspired by authentic Italian trattoria. Manfredi's Italian Restaurant is available onboard across Viking's ocean fleet.

Canaletto Holland America Line

Sharing food with friends and family is an important part of Italian culture and one which Canaletto has embraced. The restaurant's menu is designed for sharing, with small plates like antipasto and beef carpaccio and large plates such as lasagne, bolognese and chicken cacciatore al forno meaning you can taste a variety of Italian classics. Canaletto costs extra to dine at and is available on all of Holland America Line's ships.





Tuscan Grille & Restaurant Celebrity Cruises

Tuscan Restaurant offers cuisine inspired by flavours of southern Italy, with homemade pastas and a venue with modern classical design centred around Italian fashion and film. Tuscan Grille on the other hand is an Italian steakhouse, with iconic Italian dishes and butcher cut meats. Highlights of the menu include artisanal antipasti and homemade pasta. Tuscan Restaurant is currently only available for dinner on *Celebrity Edge* and is included, while Tuscan Grille offers lunch and dinner onboard Solstice - and Millenium-class ships and a cover charge applies.



Aqualina Azamara

Aqualina's menu features some of Italy's most famous authentic dishes, including spaghetti bolognese, classic antipasti, eggplant parmesan and rigatoni pomodoro. The pastas are made from scratch and all dishes are cooked using traditional and authentic recipes. Make sure to save room for dessert as well, with Sorrento lemon liqueur mousse and hazelnut chocolate souffle some of the highlights on offer. Guests staying a suites can dine at Aqualina complimentary, while a cover charge applies for other guests.



The Sounds of Silence, Uluru

A visit to Uluru is one that opens the mind and soul.

Whilst the sheer wonder of walking around Uluru itself is amazing, it is one of the night-time activities that can really make you feel at one with the world we live in.

The Sounds of Silence dinner experience is the perfect accompaniment to visiting Uluru.

Included are your transfers to and from the remote dinner location, pre-dinner canapes and drinks, as well as a sumptuous local inspired buffet, with lamb, fish, crocodile, kangaroo and other bush foods on the menu – including an entrée bush tomato soup that is

by the far the best this writer has ever tasted.

What really sets this night apart is the astronomy presentation – the actual sounds of silence. Lights off, it is completely dark and the sky opens up with stars, planets, and galaxies – all clearly seen by our own eyes. Viewing satellites whip across the night sky, seeing the Southern Cross, and locating star signs, all making you feel so very small in this wide world we call home.

The Sounds of Silence dinner is truly memorable and highly recommended. \$229 per adult, 4 hours all-inclusive prepurchase at voyages.com.au or ayersrockresort.com.au.

About 90 minutes drive north of New York City, New Paltz is a vibrant village in the Catskills, surrounded by mountains. Bustling with live music, farm-to-table eateries and charming cafes, this village is surrounded by stunning natural wonders and is a great stop when exploring New York State.

Historic Huguenot Street

This quiet street in New Paltz is a National Historic Landmark District, dating back 300 years. Filled with beautifully preserved historic houses that once belonged to families of Protestant French Huguenots, the street is set over 10 acres and history buffs will love wandering down and exploring the visitor centre, the stone house museums and the amazing reconstructed 1717 French church.

Mohonk Preserve

Just five minutes from the village centre lies
Mohonk Preserve, the largest visitor and membersupported nature preserve in New York. Located
in the Shawangunk Mountains, the preserve has
more than 64km of trails perfect for hiking, cycling,
running, horseback riding and in the cooler
months, cross-country skiing and snowshoeing.
The region is breathtakingly beautiful and its 32km
are filled with lush green forests, wide open fields
and babbling streams waiting to be explored.
Some trails will even take you to the Mohonk
Mountain House, an award-winning hotel set atop
a mountain, resembling a fantastic castle.

Main Street Bistro

A New Paltz institution, a trip to the village isn't complete without visiting Main Street Bistro. Loved by locals, the bistro specializes in eclectic American cuisine, offering up homely, hearty breakfasts and lunch in a welcoming atmosphere. Main Street Bistro is comfortable and casual, decorated with pop art, framed photos, band posters and memorabilia from the New York Giants and New York Mets. The bistro has resided in the same historic 1880s era building for the past 28 years and continues to be a buzzing hotspot for locals and visitors to the town.



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Pub quiz

- 1. What is the capital of Morocco?
- 2. Put these five most populous states in the US in order from largest to smallest: Florida, New York, California, Pennsylvania, Texas.
- 3. After London, which European city has the next-largest Jewish community?
- 4. Does Gold Coast Airport serve any international routes?
- 5. How many stations are there in the London Underground?a) 170 stations
 - b) 270 stations
 - c) 370 stations
- 6. True or false: Montreal is located on mainland Canada?
- 7. Which American city is nicknamed the Bayou City?
- 8. Mount Lycabettus is the highest point in what city?
- 9. What is the largest national park in the United States?
- 10. The Yasawa Islands can be found in which country?

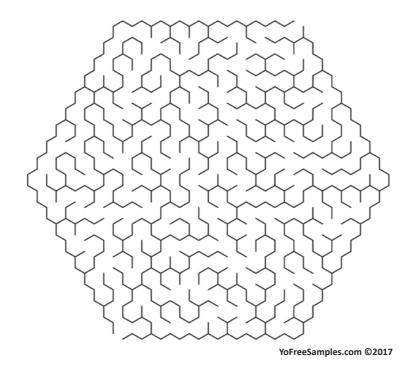
Icon under a microscope

This landmark is iconic and easily recognisable when you see the whole picture, but can you identify it from this small portion of the image? Despite this castle's ancient appearance, it was only built in the 19th century as a private residence for royalty. At the death of the king however, the residence was opened to the public and has inspired a number of castles in Disney movies.



A-maze-ing

Can you find your way through this maze? Start at the top right corner and finish in the bottom left.



Pub quiz

- 1. The former Bankside Power Station now houses what famous London landmark?
- 2. Cecrops is a mythical serpent-man who was said to be the founder and first King of where?
- 3. Which is the second-largest city in Morocco after Casablanca?
- 4. Is Key West the northernmost, southernmost, easternmost or westernmost city in the contiguous United States?
- 5. The Frioul archipelago is a group of four islands located off the coast of which French city?
 - a) Marseille
 - b) Honfleur
 - c) Biarritz
- 6. Bali is the only Indonesian province where which religion is most prominent?
- 7. What is the name of MSC Cruises' current flagship?
- 8. Canary Wharf is considered which city's secondary downtown area?
- 9. Gold Coast Airport was formerly known by what name?
- 10. What city is known as the Marriage Capital of the World?

Sudoku

EASY

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Numbers can only be used once in each row, column & 3×3 box.

3				6				5
	8			7				4
	6	2		3	5		8	7
7	5		3		9			2
		3				9		
4			6		1		7	3
5	2		8	1		7	4	
4 5 6				9			5	
8				4				9

www.sudokuoftheday.com – visit them and get a new Sudoku every day

Seen it at the movies



Shooting locations for this British spy instalment included many famous tourist landmarks in Germany, France, Thailand and Mexico, including some amazing sequences shot at the Peyragudes ski resort in the French Pyrenees. The feature see the Ian Fleming-created hero trying to stop evil media baron Elliot Carver from deliberately provoking a war between China and the UK. Can you name the movie?

Pick the nation

Countries have unique geography, ethnicities and cultures which come together to often form very distinctive symbols.

Based off the four different symbols and famous faces, see if you can figure out which country they represent.

•



Where in the world?





4



Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.

Ε	G	1
Т	Z	L
N	G	Е

Good – 14 words Very good – 21 words Excellent – 28 words

NOTE: We've used Chambers Dictionary to decide what words are acceptable.

New Zealand great outdoors word search

М	Е	S	R	Q	С	В	V	Е	Α	Е	Т	R	W	I
Q	С	С	Α	В	Е	L	Т	Α	S	M	Α	N	В	Р
Х	N	Е	N	0	I	Т	Α	V	R	E	S	N	0	С
S	Е	N	M	V	D	I	Χ	S	Р	N	R	K	Z	N
K	I	ı	Т	Х	S	I	K	I	R	Α	Т	Α	M	M
L	R	С	Υ	Υ	D	G	L	Α	С	I	Е	R	Υ	M
Α	Е	F	D	N	T	Υ	K	S	K	R	Α	D	Z	Р
W	Р	L	I	С	Α	N	T	Ε	R	В	U	R	Υ	Z
Т	Χ	ı	S	K	Ι	R	Ε	S	0	R	Т	K	E	F
Α	Е	G	G	Т	Υ	Χ	G	Н	ı	K	I	N	G	Α
Е	G	Н	D	F	0	R	Ε	S	Т	В	Α	Т	Н	G
R	R	Т	Р	U	0	N	R	В	K	D	Α	Н	F	Υ
G	S	N	0	W	В	0	Α	R	D	I	N	G	V	J
Е	K	I	В	N	I	Α	Т	N	U	0	М	V	Q	U
R	N	Α	Т	I	0	N	Α	L	Р	Α	R	K	W	0

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

ABELTASMAN CANTERBURY CONSERVATION DARKSKY

EXPERIENCE FORESTBATH GLACIER GREATWALKS HIKING MATARIKI MOUNTAINBIKE NATIONALPARK SCENICFLIGHT SKIRESORT SNOWBOARDING

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Where in the world?

This beautiful location is one of the ultimate havens for walking enthusiasts. Located on New Zealand's South Island coast, it provides easy track for all type of walkers and is also stroller and wheelchair friendly.

In 2020, the Department of Conservation opened a second suspension bridge separate from existing bridge. At 90 metres, it is one of New Zealand's longest suspension bridges and the vivid turquoise water surrounded by lush native bush makes it well worth a visit. Can you name this unique spot?



current place. When it was built it was the only way for vehicles to cross that river in the town. Today the bridge is only used by local traffic but is a bookend to one of the most popular attractions in town. Do you know the name of the bridge and

where it is located?

Made from wrought-iron, this bridge was built in

Manchester, England in 1864 and then shipped halfway across the world to be assembled in its

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Puzzle answers

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Icon under a microscope: Neuschwanstein Castle, Germany

Pub quiz: 1 Rabat, 2 California, Texas, Florida, New York, Pennsylvania, 3 Paris, 4 Yes, 5 b) 270 stations, 6 Lawrence River, 7 Houston, 8 Athens, 9 Wrangell-St. Elias National Park & Preserve, 10 Fiji

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Pub quiz: 1 Tate Modern, 2 Athens, 3 Fez, 4 Southernmost, 5 a) Marseille, 6 Hinduism, 7 MSC Grandiosa, 8 London, 9 Coolangatta Airport, 10 Las Vegas

Seen it at the movies: Tomorrow Never Dies

Sudoku:

3	4	7	1	6	8	2	9	5
1	8	5	9	7	2	6	3	4
9	6	2	4	3	5	1	8	7
7	5	6	3	8	9	4	1	2
2	1	3	7	5	4	9	6	8
4	9	8	6	2	1	5	7	3
5	2	9	8	1	3	7	4	6
6	3	4	2	9	7	8	5	1
8	7	1	5	4	6	3	2	9

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Where in the world: Kings Bridge, Launceston, Tasmania

Pick the nation: Tanzania

Unscramble: engine, geeing, gene, genet, genie, gent, gentile, gentle, glen, glint, inlet, lenient, lent, lien, line, linen, ling, linnet, lint, NEGLIGENT, niggle, nine, teeing, teen, tine, ting, tinge, tingle

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Where in the world: Hokitika Gorge, West Coast, New Zealand

